



## GREENFIELD ELEMENTARY SCHOOL

*Derek DiGiovanni*

*Physical Education Teacher*

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September 6, 2013

Dear Parents:

I would like to introduce myself to each one of you that I have not yet had the chance to meet. My name is Derek DiGiovanni and I am the physical education teacher at Greenfield Elementary School. I plan to continue to use my excitement and motivation to do the best job I possibly can at providing your children with an excellent physical education. My background leads me to have a strong philosophy in the importance of physical fitness for our youth. I plan on not only giving the students the opportunity to improve their skills but also to increase their physical conditioning. A healthier body will make it easier for them to endure the tough demands of a busy schedule.

### Kindergarten, First and Second Grade

I will follow the very thorough district wide physical education curriculum. This curriculum focuses on educating the students on all of the fundamental skills of physical education, as well as, teaching them about following directions, giving their best effort, cooperating, and having respect for others.

### Third, Fourth, Fifth Grade

I will be reviewing many of the basic skills of various sports and show the students how to apply them to some of the team sports we will play. Most of the games that we will play in class will be lead-up games which will allow all students to attempt to be successful at the various skills. I will also be introducing them to our daily warm-up program which will guarantee that they get in their minimum amount of exercise for each day that they have class.

### Your help is appreciated

I need to ask you to help me encourage each and every student to ***wear or bring their gym shoes on the days which they have physical education class.*** We need to get the most physical benefit out of the short time that we have together. Please no sandals, crocs, or open heel shoes.

### TeachMeFit Calendars

Throughout the course of the school year, the students will learn numerous core foundational fitness moves that I will encourage them to do and even teach to you. I call this part of our lesson; TeachMeFit. In conjunction with me teaching these moves in our class, I will also be keeping the students accountable by assigning them a monthly TeachMeFit Calendar. They will need to print this out, complete, and turn in to me at the beginning of the next month. With limited contact time, this assignment will encourage the students to be active as well make healthy nutritional choices.

### Contact Me

If you need to contact me the best way is through email; [dg04bps@birmingham.k12.mi.us](mailto:dg04bps@birmingham.k12.mi.us). I will also be updating my Wiki Page (<http://digiovanni13.wikis.birmingham.k12.mi.us/home>) throughout the school year for the students.

Sincerely,

*Derek DiGiovanni*

Derek Di Giovanni  
Physical Education Teacher