



November 2012

Dear Parents and Guardians,

As part of the Fuel Up to Play Program, we are going to participate in their Super Bowl Breakfast Challenge. We will be hosting an oatmeal tasting contest during a lunch towards the end of this month. We will need your child to submit a nutritious and/or creative oatmeal recipe to me by Thursday, November 15<sup>th</sup>. This recipe can be an old family favorite, something that they creatively create, or maybe a recipe that they have always wanted to try. *Please no recipes with nuts.* Complete the recipe application below and place it in my mailbox. We will be selecting three for the actual taste testing.

Any parents that would be willing to help during the lunch taste test please contact me. We will need help in making sure that every student can try each of the oatmeal's and vote for their favorite. A gluten free option will be available for students that cannot have gluten.

Thank you for your support!

Sincerely,

*Derek DiGiovanni*

Derek DiGiovanni  
Physical Education Teacher

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Fuel Up to Play 60-Super Breakfast Challenge  
*Recipe Application*

Student Name \_\_\_\_\_

Parent Contact \_\_\_\_\_

Name of Oatmeal Recipe \_\_\_\_\_

Ingredients \_\_\_\_\_

Cooking Directions \_\_\_\_\_